



# How to prescribe a bolus Insulin Dose Calculator in Tempo Insights™

FOR HEALTHCARE PROVIDERS

## 1 SET UP THE PATIENT'S PROFILE

Click into the patient's record and navigate to the **Insulin Programs** tab. Select **Set-Up Insulin Dose Calculator**.

## 2 ENTER THE INSULIN DOSING REGIMEN



Follow the steps to enter your patient's prescribed insulin regimen.

**Warning:** Using the Insulin Dose Calculator with an incorrect dosing regimen may result in unsafe recommendations, which could lead to severe hyperglycemia, hypoglycemia, or injury. Carefully review insulin dosing regimen before authorizing the Insulin Calculator.

## 3 PRESCRIBE THE INSULIN DOSE CALCULATOR

**AUTHORIZE NOW**

Select **"Authorize Now"** to prescribe the patient's use of the Insulin Dose Calculator.

## 4 VIEW A PATIENT'S DATA



Once a patient is prescribed the Insulin Dose Calculator and passes the training quiz, you are always able to select the patient from your patient list to view key information about their dosing and progress.

After opening the patient's profile, select a date range to view their SMART Visit Report.

messages (motivational, behavioral, and educational) based on real-time glucose values and trends. It includes software intended for patient use on mobile phones and software intended for healthcare provider use through computer web browsers. The software also allows for entry of other diabetes-related healthcare information and provides educational information.

The following TempoSmart features require a prescription:

For bolus insulin users with type 1 and type 2 diabetes, TempoSmart includes an Insulin Dose Calculator (IDC) to allow patients to use their prescribed regimen to calculate a dose of bolus insulin for a given amount of carbohydrates and/or glucose value from a blood glucose meter (BGM)

When connected to a compatible FDA-cleared integrated continuous glucose monitor (iCGM) and if an insulin-to-carb ratio plus correction factor insulin regimen is prescribed, TempoSmart includes a CGM IDC. The TempoSmart CGM IDC is software intended for the management of type 1 or type 2 diabetes in persons aged 18 years and older requiring fast-acting insulin. The TempoSmart CGM IDC allows patients to calculate a dose of bolus insulin for a given amount of carbohydrates, the most recent CGM glucose reading and rate of change, activity, and insulin on board (IOB).

For basal insulin users with type 2 diabetes, TempoSmart includes a basal titration feature which calculates appropriate long-acting basal insulin doses for titrating insulin levels based on configuration by a healthcare provider.

The healthcare provider must activate the basal titration feature and configure it for patient-specific parameters.

Tempo Insights™ is the healthcare provider-facing component of TempoSmart. Neither Tempo Insights nor TempoSmart is intended to replace the research, expertise, judgment, or treatment provided to patients by healthcare providers.

TempoSmart is not indicated for people with gestational diabetes or who use an insulin pump.

### Important Safety Information for Tempo Personalized Diabetes Management Platform

When using the Tempo Personalized Diabetes Management Platform, if your patient is not sure if they injected their insulin or if their insulin dosing information is accurate, they should NOT start over or repeat the injection. Your patient should monitor their blood glucose per your instructions. Ensure your patient has a backup diabetes management plan if their Tempo Smart Button or TempoSmart App stops working. Having a backup plan and supplies can help avoid hyperglycemia and hypoglycemia. Using the Bolus Insulin Dose Calculator with an incorrect dosing regimen or without all the patient's recent insulin logged may result in unsafe recommendations, which could lead to severe hyperglycemia, severe hypoglycemia, or injury. Carefully review insulin dosing regimen before authorizing the Bolus Insulin Calculator. Keep the Tempo Smart Button away from children. For additional product and safety information, including Warnings and Cautions, consult the Tempo Smart Button Instructions for Use, TempoSmart App User Guides and Tempo Welcome Kit and Tempo Refill Kit Instructions.

### TEMPOSMART AND TEMPO INSIGHTS INDICATIONS FOR USE AND CONTRAINDICATIONS

TempoSmart™ is indicated for use by healthcare providers (HCPs) and their patients – aged 18 years and older—who have type 1 or type 2 diabetes. TempoSmart is intended to provide secure capture, storage, and transmission of glucose data as well as information to aid in diabetes self-management. TempoSmart automatically receives insulin dose-related data when connected to a compatible Tempo Smart Button™ device via wireless Bluetooth® technology and has the ability to detect and mark which doses are prime and which are injected insulin. TempoSmart analyzes and reports glucose test results and supports medication adherence. In addition, TempoSmart provides coaching

Questions? Visit [lillytempo.com/hcp](http://lillytempo.com/hcp)





# How your patients can use TempoSmart™ App to calculate their bolus insulin dose

## 1 USING THE CALCULATOR FOR THE FIRST TIME



When patients open the TempoSmart app, they will see a notification that you have prescribed the Insulin Dose Calculator. This calculator will be pre-programmed with your patient's insulin regimen.

I UNDERSTAND

Users will select "I understand" and open the calculator from the TempoSmart homescreen.

## 2 TAKE THE QUIZ

YOU PASSED!

Patients may proceed to use the insulin calculator upon successful completion of a quiz to confirm their understanding of use.

## 3 USING THE CALCULATOR BEYOND THE FIRST TIME



After the initial setup, patients will be able to access the calculator from the TempoSmart homescreen.

## 4 STARTING THE CALCULATION



Select "calculate a dose," then enter the requested information. After each step press "continue."

CONTINUE

Patients will be asked to verify their glucose and enter carbohydrates for the current meal.



## 5 SEE THE RECOMMENDED DOSE



TempoSmart will display the recommended dose based on the HCP's prescribed regimen.

## 6 WHAT TO DO WHEN GLUCOSE IS TOO LOW



If your patient's glucose is below a certain level and/or is falling, TempoSmart is designed to alert your patient to consume a recommended amount of fast-acting carbs, and to wait before administering their insulin.